

WHY CHOICES?

Comprehensive
Housing
Opportunities
In
Community
Enhanced
Settings



Mental Health Housing Services (CHOICES) provides an enriching and supportive living environment for those who experience mental illness.

The goal of all of these programs is to assist residents/tenants in reaching their maximum potential for independent living.

Our programs are transitional in nature (with the exception of Supportive Housing, which is permanent) and have a recovery focus. Clients are expected to participate with program staff in developing a service plan and working on goals and objectives that will assist them in living successfully in the community.

ADMISSIONS

For more information, or to refer a client to CHOICES, call the Intake Department at **716.285.3403 ext. 2275**

CHOICES uses the Niagara Co. SPOA Application, which can be found online at www.CommunityMissions.org

Admission Criteria:

- 18 years of age
- primary diagnosis of a Serious and Persistent Mental Illness (SPMI)
- self-preserving in a fire emergency
- willingness to work with providers and staff on a therapeutic medication regime
- desires growth toward least restrictive housing
- applicant agrees to participate in the rehabilitation process and follow residence guidelines
- applicant agrees to pay a monthly fee

ABOUT COMMUNITY MISSIONS

Community Missions (CMI) has provided a unique blend of services to address the needs of the Niagara community since its founding in 1925.

The initial population served was homeless individuals and families, which are still served today. For nearly a century, CMI's programs have evolved to meet the needs of its community. The agency now provides 21 programs between its four divisions: Crisis & Community Services, Mental Health Housing Services (CHOICES), Mental Health Recovery Services, and Youth Services (REACH).

The agency serves a diverse set of populations including youth, adults, families, homeless, juvenile justice involved youth, youth and adults with psychiatric challenges, persons living with HIV/AIDS and ex-offender parole individuals. In general, CMI serves a vulnerable population of individuals that, through a variety of circumstances, have been marginalized, overlooked and challenging in their presentations and behaviors.

For more information on the programs offered by Community Missions, contact:

- **Youth Services** - (716) 285-3403 x. 2231
- **Respite Services** - (716) 285-3403 x. 2280
- **Niagara Visions PROS** (Personalized Recovery Oriented Services) - (716) 205-8708
- **Crisis Services** (Including Community Soup Kitchen, Emergency Housing, Food Pantry, etc.) - (716) 285-3403

CMI Mission Statement

Community Missions provides integrated human services that meet people where they are and help them find and elevate their place in the world.

CMI Statement of Religion and Faith

As a Christian agency, our chosen role in terms of religion and faith is to express our belief that everyone benefits from spiritual growth. We will provide resources, programs, and community linkages, without proselytizing, that will enhance spiritual growth and wholeness in the faith/spiritual tradition of an individual's choice and support them as they seek to grow in that tradition.

Mental Health Housing Services



*Compassion In Action
Since 1925*



*Mental Health Housing Services
offers housing options for adults in
psychiatric rehabilitation.*

1570 Buffalo Ave.

Niagara Falls, NY 14303-1599

Phone: (716) 285-3403 x.2275

Fax: (716) 285-5908

www.CommunityMissions.org



@CMINiagara



/CMINiagara

COMMUNITY RESIDENCES

Community Residences offer the most comprehensive level of care in the CHOICES program. These 24-hour staff-supervised options are for clients that need more intensive skills training, or are in need of a high level of supervision.



These residences often serve as an entry point for those that may transition into more independent living situations.

- Residents participate in the upkeep of the house, including meal planning/preparation and completion of chores
- Transportation is provided, and recreational activities are offered



Hansen House

- Located in Niagara Falls
- 10 Single-Bed Units
- Handicap Accessible



Canal View

- Located in N. Tonawanda
- 6 Double-Bed Units (12 beds)

Case Management Services and **Psychiatric Rehabilitation** are provided through the Community Residence and Apartment Treatment Programs, with input from family members, advocates, and any involved service providers.

In addition, the following Restorative Services are provided in these programs:

- Training in Activities of Daily Living
- Assertiveness/Self-Advocacy Training
- Community Integration Services/Resource Development, accessing Health Services
- Substance Abuse Services
- Medication Management and Training
- Rehabilitation Counseling
- Symptom Management
- Skill Development
- Socialization
- Parenting Training
- Family Education and Support

Choice and intensity of services provided is based upon resident preferences, assessment of needs and functioning levels.

APARTMENT TREATMENT PROGRAM

The Apartment Treatment Program features on-site and off-site apartments in Niagara Falls. This program's level of care is designed to assist residents in refining the skills necessary to live independently.



Also known as **Cleveland Heights**, the Apartment Treatment Program houses 62 residents. The main Cleveland Heights building houses 30 residents in 15 two-bedroom apartments, while off-site apartments (one- and two-bedroom) house the remaining 32 residents.

Residents typically begin their stay at Cleveland Heights and transition to an off-site apartment when ready for more independence.

- On-site & off-site apartments available, including two handicap accessible double units
- Staff available 14-16 hours/day; Night-watch/housekeeper in building overnight
- Residents maintain their apartments independently and possess basic daily living skills
- Transportation is provided, and recreational activities are offered



SUPPORTIVE HOUSING

Supportive Housing is a permanent housing option that provides affordable, independent housing for adults that desire stable housing with some staff support. Tenants contribute a percentage of their income toward housing costs (including rent). Tenants may have non-recipient roommates, such as minor or adult children, spouse, or domestic partner, with an expectation that they will contribute a proportional share of the monthly household expenses.



The program assures quality, stable housing in the community that is furnished and appropriately equipped.

- All housing is off-site, located throughout Niagara County
- Tenants must have the skills to live independently with a minimum of supports
- Staff provides case management services, including linkage to other community-based services & tenant advocacy/landlord relations
- Staff has one face-to-face contact and two phone contacts with tenants each month
- Tenants must maintain all applicable mental & physical health treatment, as applicable
- Transportation to appointments provided

Services available to all CMI consumers:

- Family and Consumer Advisory Boards
- Transportation
- Niagara Visions PROS (Personalized Recovery Oriented Services) & Clinic
- SPOA Case Management Services provided by Community Missions and funded by Niagara County Department of Mental Health.

Hansen House, Canal View and the Apartment Program are each **licensed and certified** by the New York State Office of Mental Health (OMH) **as Community Residence Treatment Programs**.

Funding Sources for all programs include the Niagara County Department of Mental Health, NYS Office of Mental Health (OMH), Medicaid billing, and resident fees.